

SAMPLE SCHEDULE

SAMPLE DAY SCHEDULE:

This is just a sample of what a day on Spoke Folk may look like during the week of touring after you leave the home church. Each day can vary however.

7-9 am	Wake up, eat, pack up and pray before we bike
9-Noon	Bike to lunch stop
Noon-1 pm	Eat lunch somewhere along the way
1-4 pm	Bike from lunch stop to host church
4-6 pm	Arrive at church, unload, set up sound stuff and shower
6-7 pm	Eat supper with church while hanging out with the members
7-8 pm	Perform musical program done by the whole group
8-9 pm	Hang with people from church and tear down sound equipment
9-11 pm	Do devos, get mail and basically hang out with the folks of Spoke Folk
11-7 am	Sleep

SAMPLE WEEK SCHEDULE:

The following is a sample schedule of what a typical Spoke Folk tour looks like. The schedule may vary depending on location, distance we are biking, weather, and tour director.

<u>WEDNESDAY</u> Arrival; Introductions; Music rehearsal	<u>THURSDAY</u> Training ride; Music rehearsal	<u>FRIDAY</u> (Training ride); Music rehearsal	<u>SATURDAY</u> (Training ride); Music rehearsal; Job assignments; Fun stuff/laundry	<u>SUNDAY</u> Commissioning; Ride to first booking (Approx. 20 miles); Booking #1	<u>MONDAY</u> Morning routine; Ride until noon/Lunch; Ride to booking; Booking #2
<u>TUESDAY</u> Morning routine; Ride until noon/Lunch; Ride to booking; Booking #3	<u>WEDNESDAY</u> Morning routine; Ride until noon/lunch; Ride to booking; Booking #4	<u>THURSDAY</u> Morning routine Ride until noon/lunch; Ride to booking; Booking #5	<u>FRIDAY</u> Morning routine Ride until noon/lunch; Ride to booking; Booking #6	<u>SATURDAY</u> Morning routine; Ride until noon/lunch; Ride to home church; Wrap-up of week	<u>SUNDAY</u> Share program in morning worship; Good-byes; Free to go (1 pm)